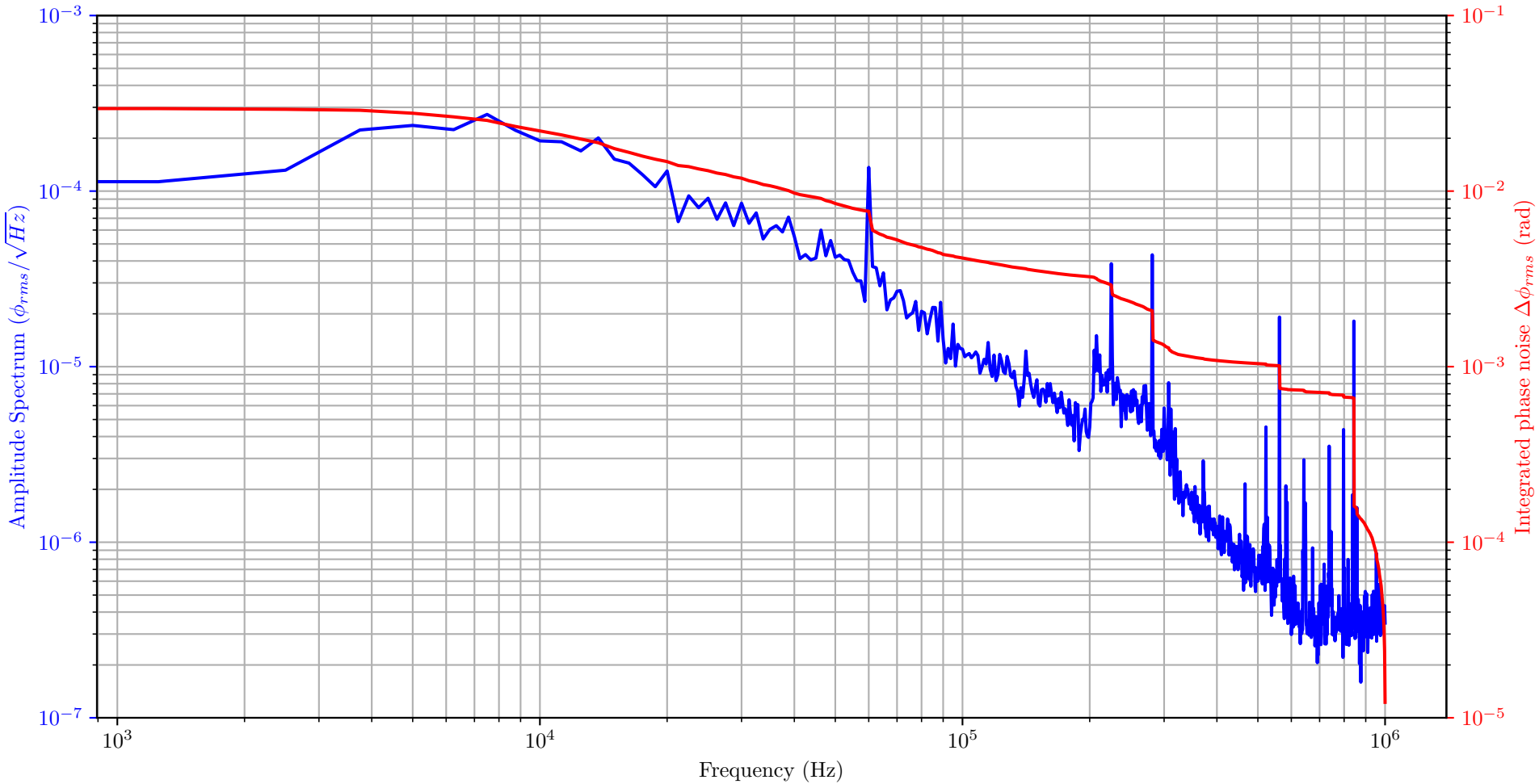
P =0.02, I=40


10^{-3}
10^{-4}
10^{-5}
10^{-6}
10^{-7}
Amplitude Spectrum ($\phi_{rms}/\sqrt{Hz}$)
10^{-1}
10^{-2}
10^{-3}
10^{-4}
10^{-5}
Integrated phase noise $\Delta\phi_{rms}$ (rad)
10^{3}
10^{4}
10^{5}
10^{6}
Frequency (Hz)